

Have you had your Cancer Care Review?

A Chance to Discuss What Matters to You

Your GP practice will offer you a cancer care review following your cancer diagnosis. You will be contacted within the **first three months** with an opportunity to discuss your diagnosis and to explore any support you may need.

You will then be offered a further appointment **within twelve months** of your diagnosis with an opportunity to talk about your cancer experience, understand the support that is available in your community and how to begin supported self-care.

The appointment should be at a time to suit you and can be in person, over the telephone or digitally.

If you have not had your Cancer Care Review, please contact your GP practice to make an appointment.

A Cancer Care Review appointment is an opportunity to discuss with your healthcare practitioner any worries or concerns you may have following your cancer diagnosis.

It is a chance to understand what information and support is available in the local area, to talk about your cancer experience and to discuss how your care can continue in the community.

Cancer Care Reviews are an opportunity to discuss **what matters to you**; this may include side effects of treatment, medications, symptom management or emotional support.

You may also wish to discuss financial support, healthy lifestyles and physical activity, returning to work or to find out about local support in your area.

What is a Cancer Care Review?