

My details

Talking to utility companies when you are living with cancer can be stressful and time consuming. To help you, we have created this simple resource to record your details and what support you need.

You should only share your personal details with organisations or companies you trust.

Need more space? You can order a My records booklet from be.macmillan.org.uk or by calling **0808 808 00 00**.

My personal details

Name _____

Address _____

Home phone number _____

Mobile phone number _____

Email _____

NHS number _____

NI number _____

My health details

Date diagnosed with cancer _____

Currently in treatment / not in treatment _____

Other health conditions _____

Medication _____

I need support with _____

