

# 25 days of festive fitness

## Progress tracker

Log your minutes here. Remember the goal is 25 minutes of fitness for 25 days in December. Don't forget to log your progress on your fundraising page too. **GOOD LUCK!**



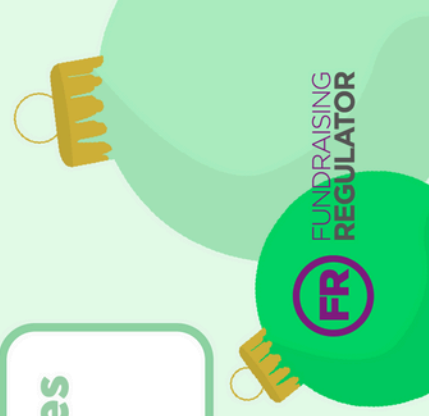
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	Total minutes		

Great start

Half way

Keep going

Almost there



**MACMILLAN**  
CANCER SUPPORT

Thank you so much  
for your support!

FUNDRAISING  
REGULATOR