

# Cancer does not discriminate

Black people are seriously underrepresented in cancer diagnosis and the take up of cancer services. Macmillan is finding a new way of contacting and connecting with local black communities by working in partnership with black women's hairdressers to spread information about cancer and the services Macmillan offers.

**"Cancer does not discriminate, however, disparities still arise within healthcare. Let's close the gap."**

- Judith, Cancer Survivor – From Me to You: The Art of Survival

SCAN HERE



# Information you can trust from people who understand

Macmillan has a free confidential phone line open every day from 8am-8pm. You're very welcome to call us on **0808 808 00 00**. We'll try to help with any medical questions, refer you to services in your area, help you access benefits, give you financial guidance or just be there to listen if you need someone to talk to.

Our website also has lots of useful information. Visit [macmillan.org.uk](https://www.macmillan.org.uk)

## Talk to us about:

- **Help at work**
- **Financial guidance**
- **Help accessing benefits**

### **Our Health Team are here for you**

Our nurses, doctors and other health and social care professionals give expert support to people with cancer and their families.

### **Ask us about Macmillan Grants**

Macmillan offers one-off payments to people with cancer. A grant can be for anything from heating bills or extra clothing to a much-needed break.

### **Download the My Organiser app**

Our free app can help you manage your treatment, from appointment times and contact details to reminders for when to take your medication. Search 'My Organiser' on the Apple App Store or Google Play on your mobile phone.

### **Information Centres**

Speak with someone face-to-face, in hospitals, libraries and mobile centres.

## Coping with hair loss

A lot of women, particularly black women, are worried that they may lose all or some of their hair during cancer treatment. If this happens, you might want a wig that suits your look and preferred hairstyle. This can be challenging for black women, and so we have put together some organisations that can help.

- **Wigs for cancer treatment | Macmillan Cancer Support**
- **Afro Hair Guidance Cancer Hair Loss – Cancer Hair Care**
- **Cancer Hair Care – the UK's leading hair loss support charity**
- **support@cancerhaircare.com 01438 311 322**
- **Caring For Hair – Trichologist Hair Specialist in Afro Hair**

Please note that some of these organisations may charge for their services.



## Don't be afraid to step forward

Going to cancer screenings and reporting any changes you feel or notice to your GP is so important. Early diagnosis can really help.

For support, call us on **0808 808 00 00**  
or visit **macmillan.org.uk**

**MACMILLAN**  
**CANCER SUPPORT**

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604).  
Also operating in Northern Ireland. MAC20010\_GLeaflet

